

STUDY HABITS QUESTIONNAIRE

Directions: Think of your current study habits. Read each statement below and circle “YES” if the statement matches your current study habits or “NO” if the statement does not match your current study habits. Once you have answered all 10, add up the total “YES” responses and the total “NO” responses and put your totals on the lines provided at the bottom of the questionnaire.

1. YES NO I always try to find one adult (faculty, support staff, administrator, etc.) in the school who cares about me and who I can trust to help me.
2. YES NO I find out right away where the places are in the school that I can get help when I need it (the library, student services, etc.)
3. YES NO I am in school because it is important to me.
4. YES NO I set up a daily schedule to complete my homework and other responsibilities.
5. YES NO I know how to balance my school life, my personal life, my family life, and my work life.
6. YES NO I know how to study using my strongest learning style.
7. YES NO I am involved in study groups.
8. YES NO I know how to find my teachers outside of class to ask them for help.
9. YES NO When I am learning new concepts, I am not afraid to ask “why” and challenge new ideas.
10. YES NO I know how to use the Internet, library, and other resources materials.

My total “YES” responses _____

My total “NO” responses _____